

Canada: Unauthorized workout supplements may pose serious health risks: Update

Health Canada is advising about unauthorized workout products that may pose serious health risks. The products are labelled to contain or have been tested and found to contain dangerous ingredients. Health Canada updates the table below when it finds unauthorized health products promoted as a workout aid.

The unauthorized products added are:

Product	Hazard Identified	Company
Insane Labz Psychotic – Fruit Punch	Labelled to contain rauwolfia vomitoria extract (std. min. 90% alpha yohimbine)	Gym Rat Supplements & Apparel 8761 84 St. Unit 101 Fort Saskatchewan, AB
Insane Labz Psychotic – Cherry Bomb		
MYO-HGH	Labelled to contain ibutamoren (MK-677)	
MYO-RAD	Labelled to contain testolone (RAD-140)	
MYO-YK	Labelled to contain myostine (YK-11)	
Nutrifitt Carnage Pre-Workout	Labelled to contain yohimbine and rauwolfia (rauwolfia vomitoria) extract	
Raw Burn	Labelled to contain yohimbine	
Yohimbine HCl		
MS Pro Burn Yohimbine HCL	Labelled to contain yohimbine	Smash Supplements 124B 1st Street Brooks, AB
NutriFitt Carnage Advanced High Stim Pre Workout Grape Candy	Labelled to contain yohimbine and rauwolfia	
NutriFitt Symbiote High Stim Pre Workout White Out		
NutriFitt Symbiote High Stim Pre Workout Dragon Gummy		
NutriFitt Symbiote High Stim Pre Workout Maniacal Melon		

Consumers are advised to stop using these products and consult their health care professional if they have used these products and have health concerns.

Please refer to the following website in Health Canada for details:

<http://recalls-rappels.canada.ca/en/alert-recall/unauthorized-workout-supplements-may-pose-serious-health-risks>

In Hong Kong, the above products are not registered pharmaceutical products. Related news was previously issued by Health Canada, and was posted on the Drug Office website on 23 Mar 2023.

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